

Who is this for?

This qualification is typically delivered over 2 days. It is ideal for any early years practitioners requiring a paediatric first aid qualification, as outlined in the EYFS.

The qualification is particularly useful where only one first aider may be available. For example:

- Childminders
- · School staff on school trips
- Nurseries

Key points

- Regulated qualification
- Meets EYFS requirements
- 12 Guided learning hours (2 days)
- Valid for 3 years
- Certificate included
- Assessed by MCQs and practical observation

Course content

This qualification has been developed to meet the first aid training requirements outlined by the EYFS.

- The course includes:
- What is first aid?
- ☐ First aid in the early years setting
- Responsibilities of the first aider
- ☐ Primary survey
- ☐ Unconscious casualty management
- Child and infant resuscitation
- ☐ Choking
- ☐ Shock
- Wounds and Bleeding
- Minor burns
- Breathing disorders
- Seizures
- ☐ Head injuries
- □ Fractures
- Childhood conditions
- Allergic reactions
- Heat and cold



1st Steps First Aid

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